

Dr. Jose Molina Martinez
Barcelona, Catalonia, Spain
PHYSIOTHERAPIST AND PODIATRIST AT
VALENCIAN INSTITUTE OF SPORTS RECOVERY



CURRENT POSITION

- › Physiotherapist and Podiatrist at Valencian Institute of Sports Recovery (IVRE) since 2010
- › Physiotherapist at Valencian Basketball Federation (FBCV) since 2008

EMPLOYMENT HISTORY (KEY POSITIONS)

- › 2010 – 2015 Physiotherapist at Valencia Triathlon
- › 2010 – 2012 Physiotherapist at Ros Casares Valencia Women Basketball Club (Euroleague Club)
- › 2009 – 2012 Physiotherapist at Paterna Basketball Club (E.B.A. League)

EDUCATION

- › 2014-2016 Official Master in Musculoskeletal Physiotherapy. Orthopedic Manual Therapy by the Autonomous University of Madrid
- › 2013 Tendon Treatment in Physiotherapy. Actualization of Concepts, Diagnosis and Treatment by the University of Valencia
- › 2011-2012 Level 1 and 2A in Maitland Concept by the International Maitland Teachers Association (IMTA)
- › 2009 Dry Needling in Myofascial Pain Syndrome by INSTEMA (Postgraduated Manual Therapy Institute)
- › 2007-2010 Degree in Podiatry by the University of Valencia
- › 2007-2008 Master in Sport and Physical Activities' Physiotherapy by Autonomous University of Barcelona