

**Holly KHAN**  
**Morisset, Australia**  
**SENIOR PODIATRIST**  
**SPECIALIST IN MUSCULOSKELETAL SPORT INJURIES**



Holly Khan is the principal senior podiatrist and owner of Central Podiatry. She is also an Australian professional triathlete, representing her country in the world championships in 2014 (as an age group athlete) and in 2016 as an elite.

She has focused her podiatric skills on becoming a specialist in musculoskeletal sport injuries of the lower half of the body. Holly has thrived on freeing people of pain since commencing her career in 2008 and is dedicated to continuing to improve her skills to gain top treatment results. The Swiss DolorClast shock wave therapy has therefore been a perfect addition to the Central Podiatry clinic to achieve faster and more effective treatment outcomes for client.

“Shock wave therapy has been our “secret strategy” to gain outstanding results and achieve the “impossible” to get our athletes (and other everyday battlers) back on the field or track in record time or to heal injuries that people thought would remain with them for the rest of their lives. We are so thankful our clinic is able to provide this revolutionary device, being the original clinic in the Newcastle and Central Coast region, and we pride ourselves in implementing best clinical practice methods including all additional management therapies for optimal rehabilitation and outcomes”.