

Dr. Massimo TRIMARCHI

Messina, Sicily

**SPECIALIZED IN SPORTS REHABILITATION
AND MANUAL THERAPY**



CURRENT POSITION

- > Specialist in the *Mezieres* Method, *Isico* Method (Italian Specialization Institution of Spinal Cord),
- > Specialist Human Tecar, Hydrokinesis, Posturologist, Manual therapy, Fascial Manipulation, Chapman's Neurolymphatic reflexes, Therapeutic Kinesiology Tape
- > Specialized in high-energy Laser and Frem's Therapies
- > Technical Director of the Center Rehabilitation at *Tricenter*, Head Physiotherapist of Teams in different sports
- > Responsible for pre- and post-competition, treatment of athletes in National and International Sport events
- > Lecturer and trainer of *Vasyli* Method
- > Lecturer on courses related to hip, knee, foot conditions and Sports Rehabilitation

EDUCATION

- > 2004 Degree in physiotherapy in 2004 at the University Hospital of Messina with 110 marks out of 110